





Geduldige Willemien route, covers 80.7kms of the full 211km circular Sungazer Pilgrimage Route, and offers varied and unique views of the spectacular Eastern Free State landscape. You can expect to see beautiful views, birds, and wildlife in peace and tranquility, while passing farms, game farms with little to no traffic. Please note that you will be walking along provincial gravel roads, tar roads, and farm roads.



Overnight accommodations along the route include charming Guest Farms and Game Farms. Dinner, bed and breakfast is included.





































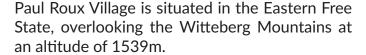














Experience the magic of this authentic village, with attractions including historic Ox Wagon tracks dating back to the 1820s, galleries, charming shops and restaurants.



The weather is mild to hot during spring and very hot in summer. Winter days are lovely and warm, with cold evenings and early mornings. Autumn is the ideal time to walk, and this is also the rainy season.



























DAY 1

Arrive in Paul Roux

Welcome, information session and dinner at the licensed Pink Tricycle Tea Room. Overnight at Dunlin B&B*. Towels provided.

Parking is provided for the duration of your pilgrimage.

*Dependant on group size & availability, pilgrims might overnight at one of two alternate accommodations in Paul Roux.



SINGLE & DOUBLE BEDS BEDDING: DUVETS & BLANKETS



DINNER: CAN BE 2 OR 3 COURSE MEAL BREAKFAST: PRE-PACKED















Stock up on snacks and cold drinks in the village.

PAUL ROUX VILLAGE



















DAY 2

From the S189 to Elizabeth Farm Stay (20.7km)

Pilgrims are transported to the S189 from Dunlin B&B, from where you will start walking to Elizabeth Farm Stay.

This leg of the route winds up and downhill, passing two dams and abundant birdlife as you approach Elizabeth Farm Stay. Towels provided.



SINGLE & DOUBLE BEDS BEDDING & TOWELS: PROVIDED



DINNER: SITDOWN BREAKFAST: SIT DOWN















DAY 3

Walk 15kms to Uitzicht Guest Farm

Another early start to Uitzicht Game Farm! The last 3km is uphill, where you will be rewarded with a 180 degree view of the Witteberg and Maulti Mountains.

Enjoy a sundowner at the swimming pool while taking in the view. Towels provided.



SINGLE & DOUBLE BEDS BEDDING: DUVETS & BLANKETS



DINNER: SITDOWN BREAKFAST: PRE-PACKED

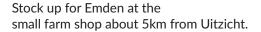
















































DAY 4

Walk 20km to Emden Guest Farm

Enjoy the beautiful views of over the Maluti Mountains, while walking past cherry farms. Walk along the tree lined lane as you approach Emden Guest Farm.

Towels provided.



APARTMENT: SINGLE & DOUBLE BEDS MILK PARLOUR: MATRESSES ON PALLETS **BEDDING: DUVETS & BLANKETS**



DINNER: SIT DOWN TO A PREPARED MEAL BREAKFAST: HELP YOURSELF TO BREAKFAST IN THE **KITCHEN**







Bird lovers be sure to visit the farm dam.

ACTIVITIES















DAY 6

Drive to Paul Roux

Pilgrims are collected at Valuta Guest Farm between 8:30 & 9:00am, and transported back to Dunlin B&B in Paul Roux where your vehicle is parked.



DAY 5

DOUBLE BEDS: DUVETS, BLANKETS & ELECTRIC BLANKETS

Enjoy picturesque views set against the Witteberg

mountain and over the Maluti mountain range as you

walk along the farm roads to Valuta. Towels provided



DINNER: SIT DOWN BREAKFAST: SIT DOWN

Walk 25km to Valuta Guest Farm

at both accommodations.





























































3 x water bottles

Hat Sunblock Raincoat

Wash & wear clothing

Bathing suit

Bath & swimming towel

Warm jacket

Comfortable walking shoes Sandals/easy shoes (evenings) Adaptor (cell phone charger) Washing powder (small)

Clothes pegs **Toiletries**

Toilet paper Binoculars

FIRST AID KIT

Band aids

Antiseptic/antibiotic cream

Headache tablets Mercurochrome

Needle

Vaseline: To minimise the possibility of painful feet and feet every day for a month before

Magnesium supplements: Assists with sore muscles and





























Many Pilgrims use the Sungazer Pilgrimage as an opportunity to slow down and experience the upliftment of nature. A passport/journal is provided with information, a map and directions of your route. I















ADDITIONAL INFORMATION



INFORMATION SESSION

An information session will be held with the pilgrims at Dunlin B&B the evening before your journey starts.

You will also receive your passport/journal and other information.



TAILORED ROUTES

We're finding new and exciting ways to help you break away from the stress and routine of modern life. Whether you enjoy cycling, slack-packing, or a brisk and bracing hike, we customise routes, designed around your preferred activities, accommodation and diet.

Contact us to discuss your route, accommodation and dietary preferences, or register online.



SLACK-PACKING & SUPPORT VEHICLE

For tariffs:

Please contact us for rates and more information regarding slack-packing.

Should there be an emergency, a Support Vehicle is available.

We do hope you spot a Sungazer Lizard on your journey!

SUNGAZER PILGRIMAGE

RENEE WOLFAARDT: +27 82 304 7006 sungazerjourney@gmail.com

