

Camino Experience IN THE EASTERN FREE STATE





"Life is either a daring adventure, or nothing."
HELLEN KELLER



The **Geduldige Willemien** route, covers 80.7kms of the full 211km circular Sungazer Pilgrimage Route, and offers varied and unique views of the spectacular Eastern Free State landscape. You can expect to see beautiful views, birds, and wildlife in peace and tranquility, while passing farms, game farms with little to no traffic. Please note that you will be walking along provincial gravel roads, tar roads, and farm roads.



Overnight accommodations along the route include charming Guest Farms and Game Farms. Dinner, bed and breakfast is included.

- PARKING
- SIGNAL
- TOWELS
- WASHING MACHINE
- ALCOHOL
- HONESTY BASKET
- CASH
- ATM
- CARD FACILITIES
- ART
- WINE TASTING
- HISTORIC PLACES
- HORSE TRAILS
- BIRD WATCHING
- WILDLIFE
- GAME DRIVES
- FISHING
- SWIMMING
- TRAILS
- CYCLING TRAILS



Paul Roux Village is situated in the Eastern Free State, overlooking the Witteberg Mountains at an altitude of 1539m.



Experience the magic of this authentic village, with attractions including historic Ox Wagon tracks dating back to the 1820s, galleries, charming shops and restaurants.



The weather is mild to hot during spring and very hot in summer. Winter days are lovely and warm, with cold evenings and early mornings. Autumn is the ideal time to walk, and this is also the rainy season.





Geduldige Willemien

4 Days 5 Nights | 80.7kms

GROUP SIZE: 6-14

**Surcharge for single rooms (on availability)*





DAY 1

Arrive in Paul Roux

Welcome, information session and dinner at the licensed Pink Tricycle Tea Room. Overnight at Dunlin B&B*. Towels provided.

Parking is provided for the duration of your pilgrimage.

**Dependant on group size & availability, pilgrims might overnight at one of two alternate accommodations in Paul Roux.*

 SINGLE & DOUBLE BEDS
BEDDING: DUVETS & BLANKETS

 DINNER: CAN BE 2 OR 3 COURSE MEAL
BREAKFAST: PRE-PACKED



Stock up on snacks and cold drinks in the village.

PAUL ROUX VILLAGE



ACTIVITIES



DAY 2

From the S189 to Elizabeth Farm Stay (20.7km)

Pilgrims are transported to the S189 from Dunlin B&B, from where you will start walking to Elizabeth Farm Stay.

This leg of the route winds up and downhill, passing two dams and abundant birdlife as you approach Elizabeth Farm Stay. Towels provided.

 SINGLE & DOUBLE BEDS
BEDDING & TOWELS: PROVIDED

 DINNER: SITDOWN
BREAKFAST: SIT DOWN



ACTIVITIES



DAY 3

Walk 15kms to Uitzicht Guest Farm

Another early start to Uitzicht Game Farm! The last 3km is uphill, where you will be rewarded with a 180 degree view of the Witteberg and Maulti Mountains.

Enjoy a sundowner at the swimming pool while taking in the view. Towels provided.

 SINGLE & DOUBLE BEDS
BEDDING: DUVETS & BLANKETS

 DINNER: SITDOWN
BREAKFAST: PRE-PACKED



Stock up for Emden at the small farm shop about 5km from Uitzicht.



ACTIVITIES





DAY 4

Walk 20km to Emden Guest Farm

Enjoy the beautiful views of over the Maluti Mountains, while walking past cherry farms. Walk along the tree lined lane as you approach Emden Guest Farm.

Towels provided.



APARTMENT: SINGLE & DOUBLE BEDS
MILK PARLOUR: MATTRESSES ON PALLETS
BEDDING: DUVETS & BLANKETS



DINNER: SIT DOWN TO A PREPARED MEAL
BREAKFAST: HELP YOURSELF TO BREAKFAST IN THE KITCHEN



Bird lovers be sure to visit the farm dam.

ACTIVITIES



DAY 5

Walk 25km to Valuta Guest Farm

Enjoy picturesque views set against the Witteberg mountain and over the Maluti mountain range as you walk along the farm roads to Valuta. Towels provided at both accommodations.



DOUBLE BEDS:
DUVETS, BLANKETS & ELECTRIC BLANKETS



DINNER: SIT DOWN
BREAKFAST: SIT DOWN



ACTIVITIES



DAY 6

Drive to Paul Roux

Pilgrims are collected at Valuta Guest Farm between 8:30 & 9:00am, and transported back to Dunlin B&B in Paul Roux where your vehicle is parked.



PAUL ROUX VILLAGE



ACTIVITIES





WHAT TO PACK

3 x water bottles
Hat
Sunblock
Raincoat
Wash & wear clothing
Bathing suit
Bath & swimming towel
Warm jacket
Comfortable walking shoes
Sandals/easy shoes (evenings)
Adaptor (cell phone charger)
Washing powder (small)
Clothes pegs
Toiletries
Toilet paper
Binoculars

FIRST AID KIT
Band aids
Antiseptic/antibiotic cream
Headache tablets
Mercurochrome
Needle
Vaseline: To minimise the possibility of painful feet and blisters, apply Vaseline to your feet every day for a month before your pilgrimage.
Magnesium supplements:
Assists with sore muscles and minimises cramps.



WHAT YOU WILL RECEIVE

Many Pilgrims use the Sungazer Pilgrimage as an opportunity to slow down and experience the upliftment of nature. A passport/journal is provided with information, a map and directions of your route. I





ADDITIONAL INFORMATION



INFORMATION SESSION

An information session will be held with the pilgrims at Dunlin B&B the evening before your journey starts.

You will also receive your passport/journal and other information.



TAILORED ROUTES

We're finding new and exciting ways to help you break away from the stress and routine of modern life. Whether you enjoy cycling, slack-packing, or a brisk and bracing hike, we customise routes, designed around your preferred activities, accommodation and diet.

Contact us to discuss your route, accommodation and dietary preferences, or register online.



SLACK-PACKING & SUPPORT VEHICLE

For tariffs:

Please contact us for rates and more information regarding slack-packing.

Should there be an emergency, a Support Vehicle is available.

We do hope you spot a Sungazer Lizard on your journey!

SUNGAZER PILGRIMAGE

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