



The *Tour de Gazer* cycling route, covers 203kms circular Sungazer Pilgrimage Route, and offers varied and unique views of the spectacular Eastern Free State landscape. You can expect to see beautiful views, birds, and wildlife in peace and tranquility, while passing farms, game farms with little to no traffic. Please note that you will be cycling along provincial gravel roads, tar roads, and farm roads.

Overnight accommodations along the route include charming Guest Farms, B&Bs, Game Farms, Mountain Lodges, as well as backpacker style accommodation. Dinner, bed, and breakfast is included.





































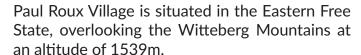














Experience the magic of this authentic village, with attractions including historic Ox Wagon tracks dating back to the 1820s, galleries, charming shops and restaurants.



The weather is mild to hot during spring and very hot in summer. Winter days are lovely and warm, with cold evenings and early mornings. Autumn is the ideal time to walk, and this is also the rainy season.





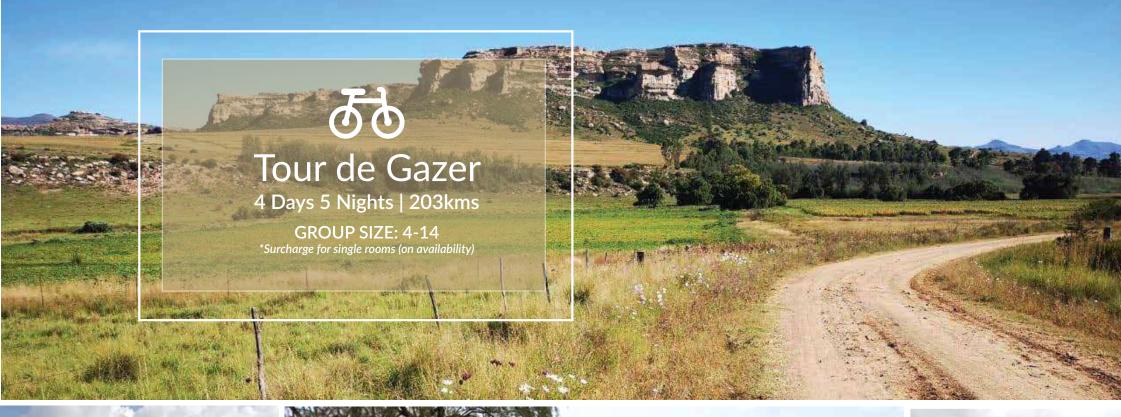






















Cyclist will start the cycling route after breakfast. This

Elizabeth Farm Stay, nestled in the Witteberg

leg of the route winds up and downhill, as you approach

licensed Pink Tricycle Tea Room. Overnight at Dunlin B&B. Towels provided.



BEDDING: DUVETS & BLANKETS



BREAKFAST: SIT DOWN













Stock up on snacks and cold drinks in the village.

PAUL ROUX VILLAGE















DAY 2

Mountains.

Towels provided.











DAY 3

Cycle 54.5kms to Emden Bass Farm

Enjoy picturesque views of farms set against the Witteberg mountain and views over the Maluti mountain range.

Towels provided.



SINGLE & DOUBLE. BEDDING PROVIDED



DINNER: SIT DOWN BREAKFAST: PRE-PACKED













Arrive in Paul Roux

Welcome, information session and dinner at the

Parking is provided for the duration of your pilgrimage.







ACTIVITIES















Cycle 51kms to Elizabeth Farm Stay

SINGLE & DOUBLE BEDS

BREAKFAST: PRE-PACKED

BEDDING: PROVIDED

DINNER: SITDOWN













DAY 4

Cycle 70kms to House Beautiful

Steady on this long stretch of the route with two steep hills along the way to House Beautiful.

Towels provided.



SINGLE & DOUBLE BEDS BEDDING PROVIDED



DINNER: SIT DOWN BREAKFAST: SIT DOWN OR PRE-PACKED













Colddrinks and wine available from the honesty basket. (Daleen's Place is not licensed).

ROSENDAL TOWN





ACTIVITIES









DAY 5

Cycle 27km to Dunlin B&B, Paul Roux

This stretch has part tar, part gravel, with loose stones along the way, so please be careful. You will enjoy beautiful views along the way to Dunlin B&B in Paul Roux where you will overnight.

Towels provided. Depart after breakfast in the morning.



SINGLE & DOUBLE BEDS BEDDING: DUVETS & BLANKETS



DINNER: CAN BE 2 OR 3 COURSE MEAL BREAKFAST: SIT DOWN













*Dependant on group size & availability, pilgrims might overnight at one of two alternate accommodations in Paul Roux.























3 x water bottles

Hat

Sunblock

Raincoat

Wash & wear clothing

Bathing suit

Bath & swimming towel

Warm jacket

Comfortable walking shoes

Sandals/easy shoes (evenings) Adaptor (cell phone charger)

Washing powder (small)

Clothes pegs

Toiletries

Toilet paper

Binoculars

FIRST AID KIT

Band aids

Antiseptic/antibiotic cream

Headache tablets

Mercurochrome

Needle

Vaseline: To minimise the possibility of painful feet and blisters, apply Vaseline to your feet every day for a month before

Magnesium supplements:

Assists with sore muscles and

minimises cramps.



























Many Pilgrims use the Sungazer Pilgrimage as an opportunity to slow down and experience the upliftment of nature. A passport/journal is provided with information, a map and directions of your route.















ADDITIONAL INFORMATION



INFORMATION SESSION

An information session will be held with the pilgrims at Dunlin B&B the evening before your journey starts.

You will also receive your passport/journal and other information.



TAILORED ROUTES

We're finding new and exciting ways to help you break away from the stress and routine of modern life. Whether you enjoy cycling, slack-packing, or a brisk and bracing hike, we customise routes, designed around your preferred activities, accommodation and diet.

Contact us to discuss your route, accommodation and dietary preferences, or register online.

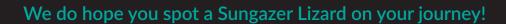


SLACK-PACKING & SUPPORT VEHICLE

For tariffs:

Please contact us for rates and more information regarding slack-packing.

Should there be an emergency, a Support Vehicle is available.



SUNGAZER PILGRIMAGE

RENEE WOLFAARDT: +27 82 304 7006 sungazerjourney@gmail.com

